



End of Year Review & Regrets

What were your goals?

What goals did you reach?

What goals didn't you achieve and why?

Overall, how do you feel about your progress from this past year?

What could you have done differently?

If you were on your deathbed today, what regrets do you have?

Rei Rockstars

Personal

Financial
(Business)

Circle or highlight your #1 goal from this category

Circle or highlight your #1 goal from this category

Physical
(Health/Mindset)

Spiritual

Circle or highlight your #1 goal from this category

Circle or highlight your #1 goal from this category



Your Ideal Life

What do you want to be doing with your days, weeks, months and year?

What does an ideal day look like?

What does an ideal week look like?



Reverse Engineer Your Goals

Break it down and set deadlines. Don't skimp on this part!! By having a crystal clear action plan, you will understand exactly what needs to be accomplished in order for you to reach your goals. After that, it simply becomes a matter of execution.

Divide your annual goal by 4 = This will equal your quarterly goals.

Divide your quarterly goal by 3 = This will equal your monthly goals.

What exactly, do you have to do in order to reach your monthly goal?

(Pretend this is your party planning list...if you were inviting 20 people over for New Year's and you were serving food; how would you plan for that event? Create this plan the same way and detail every step.)



Tasks & Resources Evaluation

☒ Identify all the tasks you need to do to reach your goal:

☒ Identify what resources & assets that you have now that will help:

☒ Identify what resources & assets you DON'T have, but you'll need:

- ☑ Create your “Not To Do List” and list who you can leverage for these tasks:

Schedule tasks on your calendar, batching common items together.
After starting this action item, do you have enough time to do what you need to do in order to reach your goals and still live a quality life? If not, perhaps you should re-evaluate your goals so that you are setting yourself up to succeed!

Schedule Monthly & Quarterly Evaluations on your calendar.
Use your monthly evaluations to adjust things as needed in order to meet your quarterly goals. Use your quarterly evaluations to adjust things as needed to meet your annual goals. Don't be afraid to change and adapt as needed. You WILL alter your plans many times throughout the year as you learn more about your business and as you leverage more activities to others. Just because you reduce your goal based on what you learn, doesn't make you a failure. That decision should be celebrated because many people give up instead of re-evaluating and changing their goals to keep themselves moving forward. If you had a goal of \$100k at the end of this year and you had to adjust your goals through the year and your end goal was \$25K or \$50K, does it really matter that it's going to take you one more year to make that \$100K? Aren't you just happy that you didn't give up like everyone else and you're starting all over from 0 again? :-) This is what every successful person goes through year after year and it's those who never give up and embrace the change and the journey who succeed!!



Annual Planning: 10 Steps To Set Yourself Up For Success

1. Master Your Expectations & Do Not Give Up!!
 - You will fail, screw up and take steps backwards.
 - Successful people already know this and they just keep on going.
 2. Create a 1 page summary of:
 - Your goals and WHY you want to achieve them!
 - Top 3 things you need to FOCUS on to stay on track!
 - Three powerful affirmations that you believe to your core!
 - Three reasons why you know you CAN accomplish your goals!
 3. Create a Dream Board
 - Pictures of rewards/dreams you'll get as you accomplish your goals
 4. Nightly Journaling & Planning
 - The power of 3's
 - 3 things you're grateful for
 - 3 accomplishments you can celebrate from today
 - 3 things you can do tomorrow to help you reach your goals
 - Plan your next day; schedule everything & batch common items
 5. Understand the Power of Words
 - Turn every negative into a positive.
 6. Create Powerful Associations
 - Surround yourself with people like you want to become
 7. Get an Accountability Partner
 - Share your goals with them; hold each other accountable weekly
 8. Embrace Change & Adapt as Needed
 - Change is a requirement of success.
 - Always be focused on what needs to change to be better.
 9. Learn When To Say "NO"
 - Not every opportunity will align with your goals; stay focused!
 10. KNOW YOURSELF & Be honest!!!
 - Acknowledge where you're great and what's worth improving.
- TO DO:** Print the following items and read them every day:
- Your regrets and evaluation of last year (motivates you to do better)
 - 1 page summary of your goals for this year (keeps you on target)
 - 10 steps to set yourself up for success (keeps you from giving up)